

CITRUS SALAD



Ready In: 15 minutes

Serves: 8

What you'll need

- Measuring spoons
- Sharp knife
- Cutting board
- Vegetable peeler
- Large bowl
- Spatula or spoon

INGREDIENTS:

Salad

- 1 grapefruit (peeled)
- 1 orange (peeled)
- 10 cups fresh greens (lettuce, spinach, etc.)
- 1 small red onion (sliced thin)

Dressing

- 2 tablespoons Apple Cider Vinegar
- 1 tablespoon Lime Juice
- 1 tablespoon Vegetable Oil
- 1 tablespoon Water
- ¼ teaspoon Black Pepper
- ¼ teaspoon Cumin

HOW TO COOK:

1. Wash hands with soap and water.
2. Cut fruit into bite size pieces.
3. Toss with lettuce and onion. Mix remaining ingredients for dressing. Drizzle over salad and toss just before serving.